

Life and Health Insurance



10-DAY STUDY CALENDAR

Follow this simple schedule designed to help you manage your study time. To prepare for the Life and Health state exam, plan on studying for at least **40 hours**: about **30 hours** reviewing the course material, and **10 hours** taking quizzes and practice exams. (Recommended study times are approximate. Actual length of study may vary.)

For the following states: AL, AZ, CA, CT, FL, GA, IN, KS, LA, ME, MD, MI, MO, NE, NH, NM, NV, NY, OK, OR, PA, SC, SD, TX, UT, VA, VT, WY

STUDY MATERIALS & STUDY STEPS

STUDY

Read: Online Chapters

Watch (*if available): OnDemand Videos

REVIEW

Chapter Recaps: Review important concepts for each chapter

Key Facts: Review of important concepts presented in each chapter

Focused Review: Go over Practice Exam results and review course material as directed

TEST YOUR KNOWLEDGE

Online Flash Cards (*if available): Check your knowledge of key concepts

Chapter Quiz: Take a quiz at the end of each chapter and review missed questions (pass 2-3 quizzes per chapter)

Practice Exam: Learning Mode: Test and reinforce your knowledge with a comprehensive exam (pass 2-3 exams)

Practice Exam: Exam Mode: Take a realistic exam simulation (pass 2-3 exams with 80% or higher)

Focused Exam: Retest your knowledge of missed topics from a Practice Exam

Readiness Exam: Determine if you are ready to pass the state licensing exam (unlocks after passing a Practice Exam; 2 attempts only)

Certificate Exam (if required): Pass to qualify for a Certificate of Completion (exam proctor may be required)

DAY 1

STUDY FOCUS: LIFE CHAPTERS

Read

- Introduction
- Life Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 2

STUDY FOCUS: LIFE CHAPTERS

Read

- Life Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 3

STUDY FOCUS: LIFE CHAPTERS

Read

- Life Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 4

STUDY FOCUS: HEALTH CHAPTERS

Read

- Health Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 5

STUDY FOCUS: HEALTH CHAPTERS

Read

- Health Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 6

STUDY FOCUS: HEALTH CHAPTERS

Read

- Health Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 7

STUDY FOCUS: LIFE & HEALTH INSURANCE REGULATION

Read

- Insurance Regulation Chapter(s)

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 8

STUDY FOCUS: TEST YOUR KNOWLEDGE

Practice Exam

- Review score sheet and missed questions (pass 2-3 times)
- Review Chapters as needed (Focused Review)

Focused Exam

- Review score sheet and missed questions
- Review Chapters as recommended

DAY 9

STUDY FOCUS: TEST YOUR KNOWLEDGE

Practice Exam

- Review score sheet and missed questions (pass 2-3 times)
- Review Chapters as needed

Focused Exam

- Review score sheet and missed questions
- Review Chapters as recommended

Readiness Exam (1st attempt)

- Review score sheet
- Review course materials as needed

DAY 10

STUDY FOCUS: TEST YOUR KNOWLEDGE AND FINAL REVIEW

Certificate Exam (if required)

- Read the Certificate Requirements prior to taking this exam (minimum study time and/or exam proctor may be required)

Readiness Exam (final attempt)

- Review score sheet
- Review course materials as needed

Final Review

- Key Facts
- Glossary
- Continue reviewing course materials until the day of exam

LIVE ONLINE TRAINING

(OPTIONAL)

Live Online Training

- Live Online Training sessions are held every Monday and Tuesday and can be accessed through the Main Menu

Monday: Life Only 10am - 5pm CST

Tuesday: Health Only 10am - 5pm CST

EXAM DAY!

✓ **Pass Your Licensing Exam**

Life and Health Insurance



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Key Facts: Review of important concepts presented in each chapter

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TEST YOUR KNOWLEDGE

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Focused Exam: Retest your knowledge of missed topics from a Practice Exam

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DAY 1

STUDY FOCUS: LIFE CHAPTERS

Read

- Introduction
- Life Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 2

STUDY FOCUS: LIFE CHAPTERS

Read

- Life Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 3

STUDY FOCUS: LIFE CHAPTERS

Read

- Life Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 4

STUDY FOCUS: TEST YOUR KNOWLEDGE - LIFE

Practice Exam

- Review score sheet and missed questions (pass 2-3 times)
- Review Chapters as needed

Focused Exam

- Review score sheet and missed questions
- Review Chapters as needed (Focused Review)

DAY 5

STUDY FOCUS: TEST YOUR KNOWLEDGE - LIFE

Practice Exam

- Review score sheet and missed questions (pass 2-3 times)
- Review Chapters as needed (Focused Review)

Certificate Exam (if required)

- Read the Certificate Requirements prior to taking this exam (minimum study time and/or exam proctor may be required)

Readiness Exam (1st attempt)

- Review score sheet
- Review course materials as needed

DAY 6

STUDY FOCUS: HEALTH CHAPTERS

Read

- Health Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 7

STUDY FOCUS: HEALTH CHAPTERS

Read

- Health Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 8

STUDY FOCUS: HEALTH CHAPTERS

Read

- Health Chapters

Watch

- Chapter Videos*

Review

- Chapter Recaps
- Key Facts

Test Your Knowledge

- Online Flash Cards*
- Chapter Quizzes

DAY 9

STUDY FOCUS: TEST YOUR KNOWLEDGE – HEALTH

Practice Exam

- Review score sheet and missed questions (pass 2-3 times)
- Review Chapters as needed (Focused Review)

Focused Exam

- Review score sheet and missed questions
- Review Chapters as needed (Focused Review)

Readiness Exam (1st attempt)

- Review score sheet
- Review course materials as needed

DAY 10

STUDY FOCUS: TEST YOUR KNOWLEDGE AND FINAL REVIEW

Certificate Exam (if required)

- Read the Certificate Requirements prior to taking this exam (minimum study time and/or exam proctor may be required)

Readiness Exam – Life/Health (final attempt)

- Review score sheet
- Review course materials as needed

Review – Life/Health

- Key Facts
- Glossary
- Continue reviewing course materials until the day of exam

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(OPTIONAL)

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